



Editorial

Dear reader,

This is the last newsletter in advance to the 24th International HPH Conference in New Haven (CT), USA. **Thus, don't forget to register!** For further information see the neighboring column.

As this year's conference is coming closer and closer and because it is the first conference to take place in the United States of America, this newsletter issue is specifically dedicated to the Connecticut HPH network and, in particular, to Planetree, who is the local host of the conference. Besides an introduction to the development and current activities of the network, we also provide you with a number of recognizable literature as proposed by our co-editor Susan B. Frampton, Ph.D. (President of Planetree). She was particularly involved in the establishment of the Connecticut HPH network as well as this year's conference preparations.

Should you wish to contribute to the next Newsletter issue, please contact us at vienna.who-cc@hphconferences.org. Further instructions can be found on page 4.

We do hope to meet many of you in New Haven (CT)!

With many greetings,

*Christina Wieczorek,
Susan B. Frampton,
Jürgen M. Pelikan*

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International HPH Network



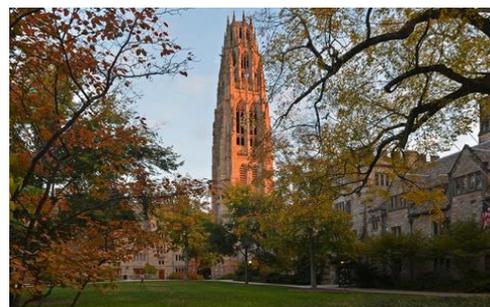
24th International HPH Conference – June 8-10, 2016, New Haven (CT), USA

We're happy to announce that the conference program including all the parallel sessions of this year's International HPH Conference has been finalized. The main focus will be on **"Creating a Culture of Health through Innovation and Partnership"**. For an overview of plenary speakers, but also of speakers in the parallel program and included workshops, see the following link: <http://www.hphconferences.org/connecticut2016.html>.

Registration for the conference is still open! In case of acceptance of your abstract, you need to **register until the end of April** in order to have your abstract included in the final program:

<https://www.regonline.com/builder/site/Default.aspx?EventID=1724283>

There will also be a very interesting **pre-conference workshop on "Promoting Recovery and Community Inclusion in Mental Health"** presented by the Yale Program for Recovery and Community health and the Connecticut Department of Mental Health and Addiction Services on Wednesday, June 8 from 9.00 - 15.30 local time. For further details, see: <http://www.hphconferences.org/connecticut2016/program>



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News from HPH Networks, Task Forces and Members

Connecticut HPH network **Our local partner of this year’s International HPH Conference**
An introduction by Susan B. Frampton

The Connecticut HPH Network was established in 2008. Prior to organizing the network, the HPH had invited me in my role as president of Planetree to participate in a plenary session at the conference held in Moscow in 2004 to speak about patient-centered care. Planetree’s philosophy of care has always included health promotion and well-being as a core tenant. The alignment of the values of the HPH network and our organizational mission inspired me to find additional partners with a similar interest in our region of the US, and develop the Connecticut HPH Network. Our network partners, Griffin Hospital and the Yale-Griffin Prevention Research Center also view the well-being of patients, employees and members of the larger community as a central focus of their work. All three organizations are dedicated to the promotion of health in a variety of innovative ways.

Planetree is a membership organization that was founded by a patient in 1978, and has grown to include affiliates in 19 countries. All of the 700 clinical sites that use the Planetree model of person-centered care work to implement and sustain a comprehensive set of structures, functions, person-preferred practices and measures in order to transform the care delivery experience. The organizations’ activities focus on three areas: advocacy, solutions, and standards. Planetree participates in a host of advisory groups that influence healthcare policy, including the National Quality Forum, National Academy of Medicine, and ISQua. These activities seek to ensure the inclusion of the voice of patients and their families in policy development, research and priority-setting. Solutions work focuses on developing, documenting and sharing innovations and best practices, including hospital-supported community health promotion. This is done via an annual conference, regular webinars, tool kits, and consultation services. Working with patients and caregivers, Planetree created a set of person-centered standards for excellence, the Patient-Centered Designation program, and also sponsors an awards program that recognizes innovation in healthy communities programming, and effective approaches to caring for caregivers.

Griffin Hospital was one of the first Planetree hospitals, and has a robust employee fitness and well-being program, as well as community health promotion initiatives. The 160-bed community hospital is known for its exemplary service to both patients and employees, and earned a place on the ‘100 Best Organizations to Work for in America’ for ten years in a row. The hospital is the home for the Yale-Griffin Prevention Research Center (PRC), a CDC-funded center with a focus on community health promotion research. One important initiative is the VITAHLS Program developed by Griffin Hospital and the Valley School Districts in southern Connecticut, USA. The Valley Initiative to Advance Health & Learning in Schools (VITAHLS) brings together the hospital, the Yale-Griffin Prevention Research Center, and the 4 Valley school districts to develop, implement, evaluate, and sustain a Valley-wide school-based childhood obesity prevention program to reduce the prevalence of obesity in students in grades Pre-K – 12. Based on the Planetree component of ‘healing environment’, the hospital and the PRC have also cooperated on an initiative to increase the use of stairs instead of elevators by hospital employees. The main hospital stairwell was redesigned to include carpeting, murals and lively music. The PRC installed a counting device, and measured the increase in the use of the stairs following redesign. The top management of all three Connecticut HPH Network members will present sessions at the 2016 HPH Conference in New Haven, CT, this June. In addition, tours of Griffin Hospital’s award-winning hospital and ambulatory center will be available to conference attendees.



The Planetree-Team

Events, publications, links



HPH events

24th International Conference on Health Promoting Hospitals and Health Services (HPH)
Creating a Culture of Health through Innovation and Partnership
 June 8-10, 2016, New Haven (CT), USA
www.hphconferences.org/connecticut2016

Don't forget to register!!!

Events of HPH partners and other organizations

22nd IUHPE World Conference on Health Promotion
Promoting Health and Equity
 May 22-26, 2016, Curitiba, Brazil
<http://www.iuhpe.org/index.php/en/22nd-iuhpe-world-conference-in-brazil>

35th HOPE Exchange Programme for hospital and healthcare managers
Innovation in hospitals and healthcare: the way forward
 May 9-June 8, 2016, Rome, Italy
<http://www.hope.be/>

19th European Health Forum Gastein
Demographics and Diversity in Europe – New Solutions for Health
 September 28-30, 2016, Gastein, Austria
<http://www.ehfg.org/de/home.html>

40th World Hospital Congress
Addressing the Challenge of Patient-centered Care and Safety
 October 30-November 3, 2016, Durban, South Africa
<https://www.ihf-fih.org/ihf-events>

9th European Public Health Conference
All for health – health for all
 November 9-12, 2016, Vienna, Austria
<http://www.ephconference.org/future-conferences-128>



Frampton SB, Charmel PA, Guastello S (2013). **The putting patients first field guide: Global lessons in designing and implementing patient-centered care.** 1st edition. San Francisco, CA: Jossey-Bass, a Wiley Brand

Katz DL (2014). Lifestyle Is the Medicine, Culture Is the Spoon – The Covariance of Proposition and Preposition. *American Journal of Lifestyle Medicine*, DOI: 10.1177/1559827614527720

Katz DL (2013). **Disease Proof: the remarkable truth about what makes you well.** New York: Hudson Street Press.

Katz DL, Meller S (2014). Can we say what diet is best for health? *Annual Review of Public Health*, DOI: 10.1146/annurev-publhealth-032013-182351

Katz DL, Murimi M, Gonzalez A, Njike V, Green LW (2011). From controlled trial to community adoption: the multisite translational community trial. *American Journal of Public Health*, DOI: 10.2105/AJPH.2010.300104

Katz DL, Katz CS, Treu JA, Reynolds J, Njike V, Walker J, Smith E, Michael J (2011). Teaching healthful food choices to elementary school students and their parents: the Nutrition Detectives™ program. *Journal of School Health*, DOI: 10.1111/j.1746-1561.2010.00553.x



International HPH Secretariat
 at WHO Collaborating Centre for Evidence-Based Health Promotion in Hospitals
 Director: Hanne TØNNESEN (DNK)
<http://www.hphnet.org>

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 at WHO Collaborating Centre for Health Promotion in Hospitals and Health Care
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Task Force "Health Promotion for Children and Adolescents in & by Hospitals"
 Chair: Ilaria SIMONELLI (ITA)
children@hphnet.org
http://www.hphnet.org/index.php?option=com_content&view=article&id=294%3Ahp-for-children-a-adolescents-in-a-by-hospitals-&catid=20&Itemid=95

Task Force "Migrant-friendly and Culturally Competent Hospitals and Health Services"
 Chair: Antonio CHIARENZA (ITA)
http://www.ausl.re.it/HPH/FrontEnd/Home/Default.aspx?channel_id=38

Task Force “HPH & Environment”

Chair: Chin-Lon LIN (TWN)

http://www.hphnet.org/index.php?option=com_content&view=article&id=143%3Atf-on-hph-a-environment&catid=20&Itemid=95

Task Force “Health Enhancing Physical Activity”

Chair: Mats BÖRJESSON (SWE)

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Task Force “Age-friendly Health Care”

Chair: Shu-Ti CHIOU (TWN)

stchiou@bhp.doh.gov.tw

List of national / regional HPH networks

http://www.hphnet.org/index.php?option=com_flexicontent&view=flexicontent&Itemid=18

Call for papers for #80

We heartily welcome your news about HPH projects, past or upcoming events & conferences, publications, health promotion strategies or health promotion research from regional HPH networks, HPH task forces, single health promoting health care organizations, or HPH partner organizations (WHO, etc.), for publication in the international HPH Newsletter!

Instructions for authors

Please send contributions of **max. 200 words**, outlining your message, and, if possible, a web link to extended information, to Ms. Astrid Loidolt, WHO Collaborating Centre for Health Promotion in Hospitals and Health Care, Vienna, Austria, preferably as an e-mail attachment to vienna.who-cc@hphconferences.org.

Deadline for contributions to #80 will be **June 15, 2016**.

Editors

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